

## **Papal Quotes on Adoration**

### **Pope Paul VI**

"All of us realize that there is more than one way in which Christ is present in His Church...but there is another way in which Christ is present in His Church, a way that surpasses all the others. It is His presence in the Sacrament of the Eucharist, which is, for this reason, "a more consoling source of devotion, a lovelier object of contemplation and holier in what it contains" than all the other sacraments; for it contains Christ Himself and it is 'a kind of consummation of the spiritual life, and in a sense the goal of all the sacraments.'" (*Mysterium Fidei*, no: 35-39)

### **Pope John Paul II**

"Through adoration, the Christian mysteriously contributes to the radical transformation of the world and to the sowing of the Gospel. Anyone who prays to the Savior draws the whole world with him and raises it to God. Those who stand before the Lord are therefore fulfilling an eminent service. They are presenting to Christ all those who do not know him or are far from him; they keep watch in his presence on their behalf." (*Letter, June 26, 1996*)

"Adoration is of inestimable value for the life of the Church..." (*"Ecclesia de Eucharistia" #25*)

"Our witness, however, would be hopelessly inadequate if we ourselves had not first contemplated his face." (*"Novo Millennio Ineunte" #16*)

"Yes, dear brothers and sisters, our Christian communities must become genuine 'schools' of prayer, where the meeting with Christ is expressed not just in imploring help but also in thanksgiving, praise, adoration, contemplation, listening and ardent devotion, until the heart truly "falls in love". Intense prayer, yes, but it does not distract us from our commitment to history: by opening our heart to the love of God it also opens it to the love of our brothers and sisters, and makes us capable of shaping history according to God's plan." (*"Novo Millennio Ineunte" #33*)

"In order to evangelize the world, we need experts in celebration, adoration and contemplation of the Holy Eucharist." (*John Paul II, Message for World Mission Sunday, October 24 2004*)

## **Pope Benedict XVI**

"Adoration is a prayer that prolongs Eucharistic celebration and communion, during which the soul continues to nourish itself: it feeds on love, on truth, on peace. It feeds on hope, because he before whom we bow does not judge us, does not crush us, but who liberates and transforms us." (*Homily for Corpus Christi, May 22, 2008*)

"In the Eucharist, the Son of God comes to meet us and desires to become one with us; Eucharistic adoration is simply the natural consequence of the Eucharistic celebration, which is itself the Church's supreme act of adoration. Receiving the Eucharist means adoring him whom we receive. Only in this way do we become one with him, and are given, as it were, a foretaste of the beauty of the heavenly liturgy. The act of adoration outside Mass prolongs and intensifies all that takes place during the liturgical celebration itself..." ("*Sacramentum Caritatis*", #66)

From Eucharistic adoration compassion is born for all men, and from this compassion the thirst is born to evangelize. In keeping with the spirit of your own charism, I encourage you therefore to deepen your spiritual life giving an essential place to your personal encounter with Christ, the Emmanuel, God-with-us, so that you will allow yourselves to be transformed by him and have the passionate desire of the mission mature in you. In the Eucharist you find the source of all your commitments in the following of Christ and in Christ adoration you purify your look on the life of the world. "We cannot keep for ourselves the love that we celebrate in the Sacrament. By its nature, it exacts that it be communicated to all. What the world needs is the love of God, to encounter Christ and to grow in Him" ("*Sacramentum Caritatis*" # 84).

A genuinely Eucharistic life is a missionary life. In a world frequently disoriented and in search of new reasons to live, the light of Christ must be taken to everyone. In the midst of the men and women of today, be ardent missionaries of the Gospel, supported by a life radically anchored in Christ! (To the Emmanuel Community, 02.3.2011)

## **Pope Francis**

"Without prolonged moments of adoration, of prayerful encounter with the word, of sincere conversation with the Lord, our work easily becomes meaningless; we lose energy as a result of weariness and difficulties, and our fervor dies out. The Church urgently needs the deep breath of prayer, and to

my great joy groups devoted to prayer and intercession, the prayerful reading of God's word and the perpetual adoration of the Eucharist are growing at every level of ecclesial life."(Evangelii Gaudium [The Joy of the Gospel]" Apostolic Letter)

"How good it is to stand before a crucifix, or on our knees before the Blessed Sacrament, and simply to be in his presence! How much good it does us when he once more touches our lives and impels us to share his new life! What then happens is that 'we speak of what we have seen and heard' (1 Jn 1:3)." (Evangelii Gaudium (The Joy of the Gospel)" Apostolic Letter)