

## *Radiating Christ*

*Dear Jesus,*

*Help me spread your fragrance everywhere I go.  
Flood my soul with your spirit and life.  
Penetrate and possess my whole being  
so utterly that my life may only be a radiance of Yours.  
Shine through me and be so in me  
that every soul I come in contact with  
may feel Your (Eucharistic) presence in my soul.*

*Let them look up,  
and see no longer me, but only Jesus!  
Stay with me (from one Communion to the next)  
and then I will begin to shine as you shine,  
so to shine as to be a light to others.*

*The light, O Jesus, will be all from You;  
none of it will be mine.  
It will be You, shining on others through me.  
Let me thus praise You in the way You love best,  
by shining on those around me.  
Let me preach You without preaching,  
not by words but by example,  
by the catching force,  
the sympathetic influence of what I do,  
the evident fullness of the love my heart bears for You.  
Amen.*

This prayer was composed by Blessed John Henry Newman and was chosen by Blessed Mother Teresa as the first prayer for the Missionaries of Charity to be recited each day after Holy Communion.